



Staining CofE Primary School RSE/PSHE Policy

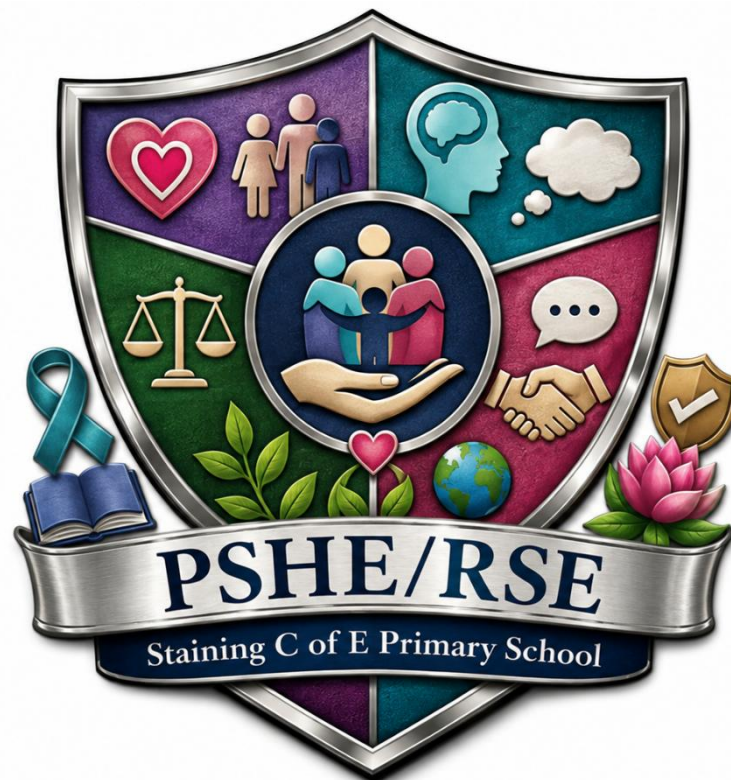
Our Vision

At Staining Church of England Primary School, we believe Personal, Social, Health Education (PSHE) and Relationships, sex and health education (RSHE) provides children with the knowledge, skills and character they need to flourish in an ever-changing world.

Through a rich, carefully sequenced curriculum, children learn to build healthy relationships, make informed choices, understand themselves and others, and become confident, compassionate citizens.

Rooted in our Christian vision—**Learn to Wonder, Grow in Wisdom, Shine Like Stars**—our curriculum nurtures every child's spiritual, moral, social and emotional development. We encourage children to ask thoughtful questions, celebrate diversity, care for themselves and others, and develop the courage and resilience to navigate modern life safely and confidently.

From the earliest years, children begin learning about friendships, feelings, belonging and wellbeing through play, stories and everyday experiences. As they move through school, they develop the knowledge, understanding and confidence needed to thrive within their communities and beyond.



Learn to Wonder

Grow in Wisdom

Shine Like Stars



PSHE at Staining develops children's understanding of themselves, their relationships and the wider world. Through high-quality teaching, meaningful discussion and practical experiences, children learn to wonder about themselves and others, grow in wisdom through informed decision-making and shine like stars by making positive contributions to their school, community and society.

Our curriculum includes the statutory requirements for **Relationships Education** and **Health Education**, alongside wider Personal, Social, Health and Economic education, preparing children for life in modern Britain while reflecting our Christian values.

Curriculum Alignment

Learn to Wonder - Explore Ourselves and the World

Children develop curiosity about themselves, their emotions, relationships and communities. They explore diversity, rights, responsibilities and the wider world through discussion, enquiry and real-life experiences.

Grow in Wisdom - Thrive in Life

Children develop the knowledge and skills needed to make safe, healthy and responsible choices. They learn emotional literacy, resilience, self-regulation, financial awareness, online safety and how to build positive relationships.

Shine Like Stars - Make a Difference

Children develop empathy, respect and compassion. They become active citizens who understand their responsibilities, value diversity, care for creation and seek opportunities to make a positive difference within their communities.

The Staining Entitlement in PSHE

Every child at Staining will experience a PSHE curriculum that includes:

- Learning how to build healthy, respectful and positive relationships.
- Developing emotional wellbeing, resilience and confidence.
- Understanding how to stay safe both offline and online.
- Learning about physical and mental health, including healthy lifestyles.
- Exploring diversity, equality and inclusion within our school and wider society.
- Developing financial awareness and responsible decision-making.
- Participating in pupil leadership, courageous advocacy and community projects.



- Opportunities to discuss real-life issues in a safe, respectful and supportive environment.

These experiences ensure children leave Staining equipped with the knowledge, wisdom and character to flourish throughout their lives.

How Knowledge is Built in PSHE

Our PSHE curriculum follows the SCARF programme and is carefully sequenced to build knowledge progressively across the primary years.

Children revisit key concepts each year through a spiral curriculum, enabling them to deepen understanding and apply learning in increasingly sophisticated ways.

The six curriculum themes are:

- Me and My Relationships
- Valuing Difference
- Keeping Myself Safe
- Rights and Responsibilities
- Being My Best
- Growing and Changing

Learning is closely linked to safeguarding, British Values, mental wellbeing, online safety and our Christian vision.

Learning Knowledge - Learn to Wonder

Children learn through:

- Weekly PSHE lessons following the SCARF curriculum.
- High-quality discussion and reflection.
- Stories, role play and collaborative learning.
- Real-life scenarios and problem solving.
- Visitors and enrichment opportunities where appropriate.
- Cross-curricular links with RE, Science, Computing and PE.
- Adaptive teaching to ensure every child can succeed.

Securing Knowledge - Grow in Wisdom

We ensure children secure knowledge by:

- Skilled questioning and discussion.
- Retrieval practice and regular review.



- SCARF Progress and Success assessments.
- Observation of children's understanding and application.
- Pupil voice and reflection.
- Subject leader monitoring and curriculum review.

Remembering Knowledge - Shine Like Stars

Children remember learning through:

- Regular retrieval activities.
- Revisiting key vocabulary and concepts.
- Making links between previous and new learning.
- Practical activities and meaningful discussion.
- Applying learning to real-life situations.
- Reflecting on how learning influences choices and behaviour.

Supporting Every Child to Shine Like Stars

We believe every child should fully access our PSHE curriculum.

Teachers provide:

- Adaptive teaching and reasonable adjustments.
- Visual supports and practical resources.
- Additional adult support where appropriate.
- Sensitive teaching that reflects children's maturity and individual needs.
- High expectations for every learner.

Relationships and Health Education is fully inclusive and reflects the diversity of modern Britain while remaining rooted in our Christian vision and values.

Curriculum Drivers in PSHE

Vision	Curriculum Driver	Entitlement
Learn to Wonder	Explore the world	Discussion, reflection, enquiry, wellbeing activities
Grow in Wisdom	Thrive in Life	Emotional literacy, resilience, healthy choices, online safety
Shine like Stars	Make a difference	Respect, advocacy, leadership, community engagement



By the time children leave Staining, they will be:

- **Knowledgeable** – understanding healthy relationships, wellbeing, safety and responsible citizenship.
- **Resilient** – able to manage emotions, overcome challenges and seek help when needed.
- **Respectful** – valuing diversity, showing kindness and treating others with dignity.
- **Responsible** – making informed choices that keep themselves and others safe.
- **Confident** – communicating effectively, building positive relationships and embracing new opportunities.
- **Ready to Shine** – equipped with the wisdom, character and confidence to flourish in secondary school and beyond.