



PE POLICY

Staining CofE Primary School Vision for Physical Education

Our School Drivers: Explore the World, Thrive in Life & Make a Difference



At Staining Primary School, we believe Physical Education is vital in developing confident, resilient, and healthy individuals. Through PE, we aim to inspire every child to discover a love of movement, sport, and active living that will last a lifetime.

Our vision is to create an inclusive and supportive environment where:

- **Aim High** - Children are encouraged to set personal goals, challenge themselves, and celebrate progress, no matter their starting point.
- **Work Hard** - Pupils develop perseverance, determination, and resilience, recognising the value of practice and effort in achieving success.
- **Show Respect** - We promote fairness, honesty, and respect for others, teaching children to value differences and play with integrity.
- **Teamwork** - Pupils learn to collaborate, communicate, and support one another, both in competition and in co-operation.



- **Be Kind** - Children show kindness, encouragement and empathy towards others, creating a safe, positive and enjoyable environment where everyone feels valued and included.

Through a broad, engaging PE curriculum and opportunities for active play and sport, we strive to nurture not only physical skills but also the personal qualities that will help our children flourish in all areas of life.



How we learn to wonder in PE

Through high-quality teaching and a broad range of physical activities, we encourage children to **Aim High, Work Hard, Show Respect**, demonstrate **Teamwork** and **Be Kind**. We aim to develop competence across a wide range of physical skills while promoting resilience, determination, cooperation and good sportsmanship.

Our PE curriculum aims to:

- develop fundamental movement skills and physical competence;
- build confidence to participate in a variety of sports and physical activities;
- understand the importance of health, fitness and wellbeing;
- develop teamwork, communication and leadership skills;
- compete fairly and respectfully while showing resilience and perseverance;
- appreciate how physical activity contributes to a healthy and active lifestyle.

We strive to ensure every child leaves Staining Primary School with the knowledge, skills and enthusiasm to participate confidently in physical activity throughout their lives.

How we grow in wisdom in PE

Our PE curriculum follows the GetSet4PE scheme and is carefully planned to ensure knowledge, skills and vocabulary build progressively from Reception to Year 6. Children receive high-quality PE lessons delivered by class teachers and specialist coaches



where appropriate, providing opportunities to develop physical competence across a broad range of activities.

Lessons focus on developing fundamental movement skills before applying these within invasion games, net and wall games, striking and fielding, athletics, dance, gymnastics and outdoor adventurous activities. Swimming is taught in Key Stage 2 to ensure pupils develop confidence and competence in the water.

Teaching is inclusive and appropriately adapted so that every child can achieve success. Teachers model skills, provide clear demonstrations and use effective questioning to deepen understanding. Pupils receive regular verbal feedback throughout lessons,

enabling them to reflect on their performance, refine techniques and celebrate progress. Assessment for learning is embedded through observation, self-assessment and peer assessment, allowing teaching to respond to pupils' individual needs.

Beyond curriculum lessons, pupils are encouraged to develop their skills through active playtimes, extracurricular clubs and participation in local sporting festivals and competitions. These opportunities promote enjoyment, teamwork, leadership and a lifelong appreciation of physical activity.

How we shine like stars in PE

The impact of our PE curriculum is seen in children who are confident, enthusiastic and motivated to participate in physical activity. Pupils demonstrate increasing competence across a range of physical skills and are able to apply these effectively in different sporting contexts.

Children develop resilience by embracing challenges, perseverance when learning new skills and respect for themselves and others through positive sporting behaviour. They understand the importance of maintaining an active and healthy lifestyle and recognise the positive impact physical activity has on both physical and mental wellbeing.

Progress is monitored through ongoing teacher assessment, pupil discussions and observation of performance across the curriculum. Participation in clubs, competitions and sporting events provides further opportunities for children to demonstrate their skills, teamwork and leadership.



Our sports captains and leaders support staff in organising equipment, delivering extracurricular clubs, handing out awards in assembly and travelling to competitions.

By the time pupils leave Staining Primary School, they have developed the confidence, knowledge and physical competence to continue participating in sport and physical activity beyond primary education. Most importantly, they leave with positive attitudes towards health, wellbeing and lifelong participation in physical activity, enabling them to flourish both in school and beyond.

Resources

At Staining Primary School, we ensure that PE resources are safe, well-maintained and support the delivery of a high-quality curriculum. The PE Subject Leader regularly audits equipment and replaces or updates resources to meet the needs of all pupils.

Teachers use resources purposefully to develop skills, increase participation and ensure lessons are inclusive. Equipment is adapted where necessary so that every child can access learning, build confidence and achieve success.

Pupils are taught to use and care for equipment safely and responsibly, promoting independence, teamwork and respect. Through effective use of resources, we maximise opportunities for all children to enjoy, succeed and thrive in Physical Education.

Role of the subject leader

Monitoring of the standards of children's work and of the quality of teaching in PE is the responsibility of the subject leader. The work of the subject leader also involves supporting colleagues in their teaching, being informed about current developments in the subject, and providing a strategic lead and direction for the subject in the school.