



PE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE: Unit 1	Fundamentals: Unit 1	Ball Skills: Unit 1	Gymnastics: Unit 1	Fundamentals: Unit 2	Games: Unit 1
Year 1	- Fundamentals - Ball Skills	Team Building	Gymnastics	- Sending and Receiving - Fitness	- Yoga - Target Games	Athletics
Year 2	- Fundamentals - Target Games	Dance	- Sending and Receiving - Yoga	- Invasion Games - Fitness	Gymnastics	- Athletics - Ball Skills
Year 3	- Swimming - Fundamentals	- Swimming - Gymnastics	- Netball - Fitness	- Dance - Rounders	- Athletics - Rugby	- OAA - Dodgeball
Year 4	- Basketball - Fundamentals	Gymnastics	- Dance - Yoga	- Rugby - Cricket	- Swimming - Tennis	- Swimming - Athletics
Year 5	- Hockey - Fitness	Dance	- Swimming - Gymnastics	- Swimming - Netball	- Athletics - Rounders	- OAA - Rugby
Year 6	- Rugby - OAA	- Hockey - Basketball	Gymnastics	- Dodgeball - Yoga	Athletics	Dance