



## P.E Curriculum Statement

Intent			
<p>Staining Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure Pupils attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all Pupils to succeed in physical education and in developing life skills. We want to teach Pupils skills to keep them safe such as being able to swim. We also want to teach Pupils how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all Pupils at Staining, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.</p>			
Vocabulary	Opportunities.	Questioning & Modelling	Performance
<p>Pupils are taught the specific vocabulary associated with each sporting discipline and use it effectively when discussing performances.</p>	<p>We provide opportunities for all Pupils to engage in extra-curricular activities before, during and after school, in addition to competitive sporting events. This is an inclusive approach, which endeavours to encourage not only physical development but also well-being for all pupils.</p>	<p>Pupils will be able to recall technical terms that have been taught and model their knowledge and understanding of these skills in different sporting disciplines and learn to recognise these in themselves and others - coaching peers and providing detailed feedback.</p>	<p>Pupils will be able to perform solo or in teams to show their understanding and application of each discipline whilst analysing others and discussing points to improve. From our lessons, our Pupils learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports</p>

Implementation		
<p><b>Lancashire Passport App</b></p> <p>Teacher use the Lancashire programme in order to explore the teaching and implementation of P.E. This will also be used to track participation, progress and extracurricular participation.</p> <p>Pupils participate in at least 2 hours of high-quality PE lessons each week, covering one or two different sports/ skills focuses each half term.</p>	<p><b>Cross Curricular Links</b></p> <p>Linked to SCARF - Social and emotional wellbeing and health.</p> <p>Active travel is encouraged with activities such as walking to school events and cycle proficiency.</p> <p>Staining will attend local inter-school competitions such as athletics, football and netball as well as host intra-school events termly.</p>	<p><b>Opportunities</b></p> <p>All Pupils will have the opportunity to attend a club that they're interested in which will be delivered by expert coaches.</p> <p>The Sports Premium budget will be used to offer wider sporting opportunities to all pupils including pupil premium pupils; to foster strong links with sporting clubs; and provide and a breadth of experiences for pupils.</p>
<p><b>P.E Specialist lessons and Wider Opportunities</b></p> <p>Having opportunities to engage with activities outside the curriculum during enriching, sport days.</p> <p>Pupils are active at lunchtime and participate in the daily mile and games delivered by welfare/Fleetwood coaches.</p>	<p><b>Modelling</b></p> <p>Pupils modelling good practice during lessons.</p> <p>A small group of Year 6 and Year 2 Pupils are invited to become Sports Leaders for the school. They develop into sporting role models for the younger Pupils, assisting with lunchtime clubs, our annual Sports day and any other Sporting activities.</p>	<p><b>Swimming</b></p> <p>Pupils have the opportunity to learn lifesaving swimming skills once a week and swim a minimum distance of 25m.</p> <p>Pupils who require further swimming sessions to meet the basic requirements, will receive extra sessions throughout the year in order to meet their needs and ensure that they are capable of swimming to the required level.</p>

### Impact

By the end of EYFS, Pupils should be able to understand how to lead a healthy lifestyle and understand the importance of regular exercise. At this stage, the aim of PE is to improve skills of coordination, control, manipulation and movement with most of it taking place through free or lightly structured activity. Large motor skills such as jumping, hopping, skipping, climbing and running will be developed by engaging with pedal and push-and-pull toys in both indoor and outdoor provision.

By the end of KS1, Pupils should have mastered the key fundamental skills and be ready to apply these skills to different sports and activities. They should be able to explain how being active keeps us healthy and be able to explain the effects activity has on our bodies both positively and negatively.

At the end of KS2, Pupils should be able to represent the school at sporting events from local to county level. They also should be able to apply skills and tactics learnt in team games and confidently deliver solo performances confidently and effectively in dance and gymnastics.

Pupil Voice & Monitoring	Evidence in Participation	Evidence of Skills	Breadth and Depth
<p>At Staining CE Primary School, the impact of our curriculum is measured through pupil discussions and interviewing the pupils about their learning. This will also be measured by drop in observations by the subject leader and SLT to observe and support good practise.</p> <p>Digital media will also be used as a tool to give the Pupils an opportunity to critically evaluate their performances. Ipads will allow Pupils to record, analyse and discuss sessions and develop a deeper understanding collaboratively.</p>	<p>Pupils show enthusiasm and engagement throughout P.E sessions and use vocabulary linked to the subject in their collaborative discussions.</p> <p>There will be a focus on increasing the numbers of girls that participate in extra-curricular sport clubs and PP Pupils.</p>	<p>Our PE curriculum is progressive and allows Pupils to develop fundamental skills and apply them to a variety of sports and activities. Lessons show progression of skills development within each year group and is built on from the previous year. Pupils are able to demonstrate skills taught during team games and be confident delivering individual performances such as dance and gymnastics.</p>	<p>P.E teaching delivers the requirements of the EYFS and the National Curriculum, and teachers plan and deliver sessions using the Lancashire P.E passport app. Lessons are delivered with a clear L.O and modelled effectively by a teacher and a teaching assistant.</p>